

State policies that promote health, education, and strong families can help the early development and school readiness of America's youngest citizens. This profile highlights Iowa's policy choices alongside other contextual data related to the well-being of young children.

### State Highlights<sup>1</sup>

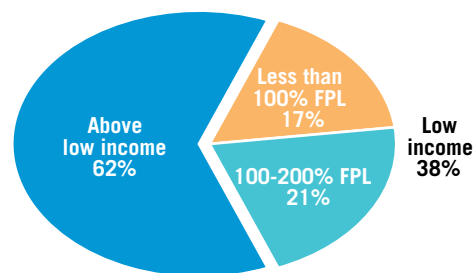
Iowa passed significant measures to increase access to medical and dental services for low-income and uncovered children. In May 2009, Iowa passed legislation to expand children's health insurance programs - including Medicaid and CHIP - to serve children in families up to 300 percent of the Federal Poverty Level, an increase from 250 percent FPL in the previous year. The state added \$5.7 million to Medicaid and CHIP, allowing an additional 12,380 children to be served. Under the legislation, children without dental coverage are eligible for CHIP dental services, including those children with a private health insurance plan that lacks dental coverage.

Updated: December 4, 2009

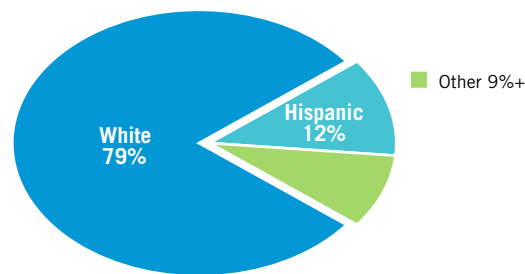
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### Young children (under age 6)<sup>2</sup>: 239,886

#### Young children by income, 2008<sup>2</sup>

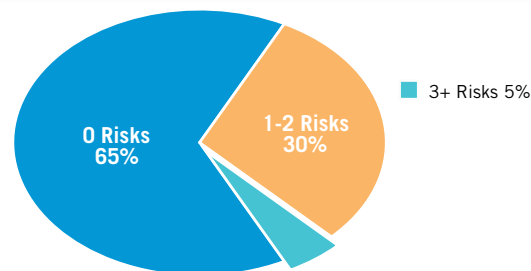


#### Young children by race/ethnicity, 2008<sup>2</sup>



+ "Other" represents all racial/ethnic groups with very small sample sizes

### Exposure to multiple risk factors\* among young children, 2008<sup>3</sup>



\* Risk factors include any combination of the following: single parent, living in poverty, linguistically isolated, parents have less than a high school education, and parents have no paid employment.

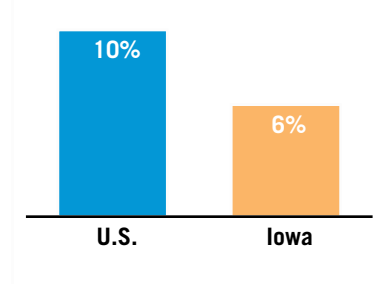
## HEALTH AND NUTRITION

### State Choices to Promote Access

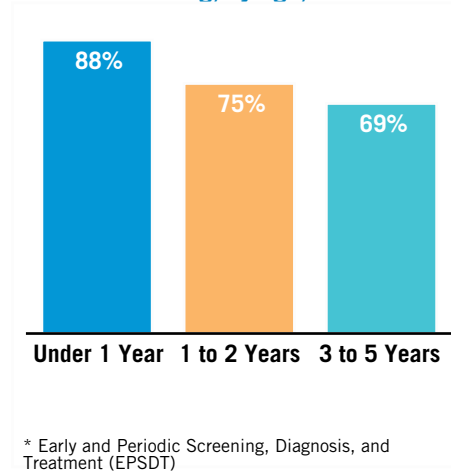
Income eligibility limit for public health insurance (Medicaid/CHIP) at or above 200% of the federal poverty level (FPL). [2009]<sup>4</sup>

- Children <1 year  
*State eligibility set at 300% FPL (CHIP & Medicaid)*
- Children ages 1-5 years  
*State eligibility set at 300% FPL (Medicaid & CHIP)*
- Pregnant women  
*State eligibility set at 300% FPL*
- Immigrant children <1 year
- Immigrant children 1-5 years
- Immigrant pregnant women
- Provide temporary coverage to pregnant women under Medicaid until eligibility can be formally determined. [2009]<sup>5</sup>
- Provide temporary coverage to children under Medicaid or CHIP until eligibility can be formally determined. [2009]<sup>5</sup>
- Include at-risk children in the definition of eligibility for IDEA Part C. [2009]<sup>6</sup>  
*Meets the broad eligibility standard, and meets or exceeds serving the national average of children ages 0-2 participating in Part C.*
- Does not require redetermination of eligibility for Medicaid/CHIP more than once a year [2009]<sup>5</sup>

Young children who lack health insurance, 2008<sup>2</sup>



Percent of eligible children who received at least one EPSDT\* screening, by age, 2008<sup>7</sup>



### State Choices to Promote Quality

EPSDT screening periodicity schedule meets recommendations of American Academy of Pediatrics [2009]<sup>7</sup>

- 7 Screenings for children <1 year  
*State requires 6 screens. 100% of eligible screens were completed in 2008.*
- 4 Screenings for children 1-2 years  
*State requires 4 screens. 100% of eligible screens were completed in 2008.*
- 3 Screenings for children 3-5 years  
*State requires 3 screens. 91% of eligible screens were completed in 2008.*
- Require newborn screening for hearing deficiencies. [2009]<sup>8</sup>
- Require newborn screening for the 28 metabolic deficiencies/disorders recommended by the March of Dimes. [2009]<sup>8</sup>

## EARLY CARE AND EDUCATION

### State choices to promote access

- Set the income eligibility limit for child care subsidies at or above 200% FPL. [2009]<sup>9</sup>

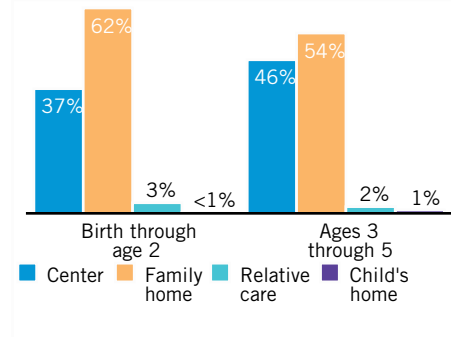
*Families of three are eligible up to \$26,556, or 145% FPL. This reflects no change in the FPL percentage from 2008.*

- Child care subsidy reimbursement rate meets the recommended 75th percentile of the market rate [2009]<sup>9</sup>
- Redetermine the eligibility for child care subsidies no more than once per year [2008]<sup>10</sup>

*Eligibility redetermined every six months.*

- Supplement Early Head Start with state or other federal funds. [2008]<sup>11</sup>
- Fund a pre-kindergarten program and/or supplement Head Start. [2008]<sup>12</sup>  
*\$22.4 million. This is an increase of \$15.6 million from 2007.*

Subsidized child care, by setting, FY 2006<sup>13</sup>



### State choices to promote quality

- Require one adult for every 10 4-year-olds, and a maximum class size of 20 in child care centers. [2007]<sup>14</sup>  
*Child care regulations require one adult for every 12 children, and the maximum class size is not regulated.*
- Require one adult for every four 18-month-olds, and a maximum class size of eight in child care centers. [2007]<sup>14</sup>  
*Child care regulations require one adult for every 4 children, and the maximum class size is not regulated.*
- Allocate state or federal funds for a network of infant/toddler specialists that provide assistance to child care providers. [2009]<sup>15</sup>
- Have early learning standards or developmental guidelines for infants and toddlers. [2009]<sup>16</sup>
- Have an infant/toddler credential. [2009]<sup>15</sup>
- Require through regulation that infants and toddlers in child care centers be assigned a consistent primary caregiver. [2008]<sup>17</sup>
- Operates a statewide Quality Rating Improvement System (QRIS) [2009]<sup>18</sup>

## PARENTING AND ECONOMIC SUPPORTS

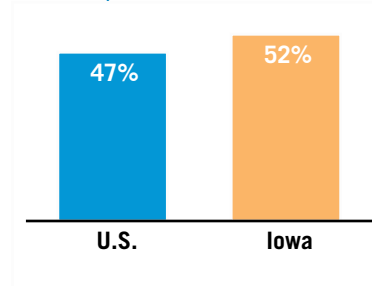
### State choices to promote effective parenting

- Provide option to extend Medicaid coverage for family planning to otherwise ineligible low-income women [2009]<sup>19</sup>
- Exempt single parents on TANF from work requirements until the youngest child reaches age 1. [2009]<sup>20</sup>
- Reduce the TANF work requirement to 20 hours or less per week for single parents with children under age 6 [2009]<sup>21</sup>
- Operate a statewide home visiting program. [2007]<sup>22</sup>

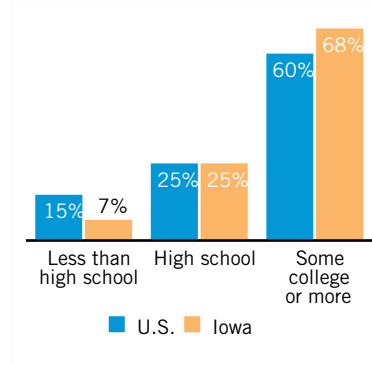
### State choices to support family economic security

- Establish a state minimum wage that exceeds the federal minimum wage (\$7.25/hr). [2009]<sup>23</sup>  
\$7.25
- Exempt single-parent families of three below the poverty level from personal income tax. [2009]<sup>24</sup>  
*Up to 108%FPL*
- Offer a refundable state earned income tax credit. [2008]<sup>25</sup>  
*7% of the federal earned income tax credit (EITC)*
- Offer a refundable state dependent care tax credit. [2007]<sup>26</sup>
- Keep copayments for child care subsidies below 10% of family income for most families. [2008]<sup>27</sup>
- Allow families on TANF to receive some or all of their child support payment without reducing TANF cash assistance. [2009]<sup>28</sup>

Low-income young children with a parent employed full-time, 2008<sup>2</sup>



Education levels of mothers with young children, 2008<sup>2</sup>



This profile is a product of NCCP's *Improving the Odds for Young Children* initiative. It is funded through NCCP's participation in The Birth to Five Policy Alliance, sponsored by the Buffett Early Childhood Fund. The information represents the most recent 50-state data sources and will be updated with the release of new data. See [www.nccp.org/improvingtheodds](http://www.nccp.org/improvingtheodds) for other state profiles.

## DATA NOTES AND SOURCES

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1. State Highlights are drawn from states' government and organization websites and reports. For more information, contact ITO@nccp.org.
2. State data were calculated from the Annual Social and Economic Supplement (the March supplement) of the Current Population Survey from 2007, 2008, and 2009, representing information from calendar years 2006, 2007, and 2008. NCCP averaged three years of data because of small sample sizes in less populated states. The national data were calculated from the 2009 data, representing information from the previous calendar year.
3. National and state data were calculated from the 2008 American Community Survey.
4. Donna Cohen Ross and Caryn Marks, *Challenges of Providing Health Coverage of Children and Parents in a Recession: A 50-State Update on Eligibility Rules, Enrollment and Renewal Procedures, and Cost-Sharing Practices in Medicaid and SCHIP in 2009*, Kaiser Commission on Medicaid and the Uninsured, January 2009 <http://www.kff.org> (accessed February 16, 2009). "New Option for States to Provide Federally Funded Medicaid and CHIP Coverage to Additional Immigrant Children and Pregnant Women. Kaiser Commission on Key Facts, The Henry J. Kaiser Family Foundation. July 2009. <http://www.kff.org> (accessed November 11, 2009)
5. Donna Cohen Ross and Caryn Marks, *Challenges of Providing Health Coverage of Children and Parents in a Recession: A 50-State Update on Eligibility Rules, Enrollment and Renewal Procedures, and Cost-Sharing Practices in Medicaid and SCHIP in 2009*, Kaiser Commission on Medicaid and the Uninsured, January 2009 <http://www.kff.org> (accessed February 16, 2009).
6. The Early Intervention Program for Infants and Toddlers with Disabilities (Part C) section of The Individuals with Disability Education Act (IDEA) provides early intervention services to children and families age 0-2yrs. Nationally, an average of 2.53% of children ages 0-2 are served.  
U.S. Department of Education, Office of Special Education Programs, Data Analysis System (DANS). 2008. *Infants and Toddlers Receiving Early Intervention Services in Accordance with Part C*.
7. U.S. Department of Health and Human Services, Centers for Medicare and Medicaid Services, *The Annual EPSDT Report (Form CMS-416)*, 2009, [www.cms.hhs.gov/MedicaidEarlyPeriodicScrn/03\\_StateAgencyResponsibilities.asp](http://www.cms.hhs.gov/MedicaidEarlyPeriodicScrn/03_StateAgencyResponsibilities.asp) (accessed November 18, 2009)
8. National Newborn Screening and Genetics Resource Center. 2009. *National Newborn Screening Status Report*. <http://genes-r-us.uthscsa.edu> (accessed October 23, 2009).
9. Schulman, Karen; Blank, Helen. 2009. *State Child Care Assistance Policies 2009: Most States Hold the Line, But Some Lose Ground in Hard Times*. National Women's Law Center. <http://www.nwlc.org> (accessed October 23, 2009).
10. U.S. Department of Health and Human Services, Administration for Children and Families, *Report of State and Territory Plans, FY 2008-2009*, 2008. <http://nccic.acf.hhs.gov> (Accessed February 24, 2009)
11. Rachel Schumacher and Elizabeth DiLauro, *Building on the Promise: State Initiatives to Expand Access to Early Head Start for Young Children and their Families*, Center for Law and Social Policy and Zero to Three Policy Center, April 2008.
12. W. Steven Barnett, Dale J. Epstein, Allison H. Friedman, Judi Stevenson Boyd, Jason T. Hustedt, *The State of Preschool 2008*, National Institute for Early Education Research, 2008.
13. Children in multiple care settings are counted more than once. As a result, the total percentage of children in all settings may total to greater than 100%. Data represent the percent of children by age in each care setting, regardless if the provider is licensed/regulated or legally operating without a license. Family home includes children served in group home care.  
United States Department of Health and Human Services. Administration for Children and Families. 2009. Administration on Children, Youth and Families. Child Care Bureau. *Child Care Development Fund Administrative Data, Federal Fiscal Year 2006*. [Computer file]. ICPSR23640-v2. Ann Arbor, MI: Inter-university Consortium for Political and Social Research [distributor].
14. National Child Care Information Center, "Child-Staff Ratios and Maximum Group Size Requirements in 2007," October 2008, <http://nccic.acf.hhs.gov> (accessed February 25, 2009).
15. ZERO TO THREE, personal e-mail (received March 5, 2009) based on information gathered as of February 9, 2009.
16. Heying, Karen, Zero to Three. October 30, 2009. Personal Communication.
17. National Association for Regulatory Administration and the National Child Care Information and Technical Assistance Center, *The 2007 Child Care Licensing Study: Final Report*, April 2009, pg 89. Available at <http://www.naralicensing.org> (accessed April 3, 2009)
18. Quality Rating Improvement Systems are a method to assess, improve, and communicate information about early childcare providers.  
U.S. Department of Health & Human Services, Administration for Children and Families, National Child Care Information and Technical Assistance Center. 2009. *QRIS Definition and Statewide Systems*. <http://nccic.acf.hhs.gov> (accessed November 16, 2009)
19. *State Medicaid Family Planning Eligibility Expansions, State Policies in Brief, as of October 19, 2009*. Guttmacher Institute. <http://www.guttmacher.org> (accessed through <http://www.statehealthfacts.org> on October 28, 2009)
20. The federal poverty level for a family of three was \$18,310/yr in 2009.  
Rowe, Gretchen; Murphy, Mary. 2009. *The Welfare Rules Databook: State Policies as of July 2008*. The Urban Institute. <http://anfdata.urban.org> (accessed November 10, 2009).
21. Rowe, Gretchen; Murphy, Mary. 2009. *The Welfare Rules Databook: State Policies as of July 2008*. Table III.B.2, footnotes 3, 16, 19, 20, 21, and 27. The Urban Institute. <http://anfdata.urban.org> (accessed November 10, 2009).
22. 2007 Survey conducted by Kay Johnson for the National Center for Children in Poverty (Publication forthcoming.) Indiana, Kansas, Vermont, Washington, and D.C. did not respond to the survey.
23. U.S. Department of Labor, Employment Standards Administration. 2009. *Minimum Wage Laws in the States, July 2009*. <http://www.dol.gov> (accessed October 28, 2009)
24. Oliff, Phil; Singham, Ashali. 2009. *The Impact of State Income Taxes on Low-Income Families in 2008*. Center on Budget and Policy Priorities. <http://www.cbpp.org> (accessed November 9, 2009).
25. Community Resources Information, Inc., *TaxCreditResources.org*, section last updated 03/06/09, [taxcreditresources.org](http://taxcreditresources.org) (accessed March 25, 2009).
26. National Women's Law Center, *State Child and Dependent Care Tax Provisions, Tax Year 2007*, 2007.
27. U.S. Department of Health and Human Services, Administration for Children and Families, Report of State and Territory Plans, FY 2008-2009, 2008. <http://nccic.acf.hhs.gov> (Accessed April 2, 2009)
28. Vinson, Michelle; Turetsky, Vicky. 2009. *State Child Support Pass-Through Policies*. Center for Law and Social Policy. <http://www.clasp.org> (accessed November 10, 2009)