Overview of TANF Policy: In 2020, New Jersey provided TANF cash support to 16% of families with children living below the poverty level, below the national average (21%). The state provides a maximum monthly benefit of \$559 for a family of three (26% of the 2024 Federal Poverty Level, or FPL). According to a report from the Department of Health and Human Services, as of 2021 the state held no TANF funds in reserve; the state received \$402,701,508 in federal block grants the following year, 2022.²

A family of three must have gross income no higher than \$5,379/month (250% FPL) to be eligible for TANF cash assistance in New Jersey. After deductions and income disregards, net income must be no higher than \$839/month (39% FPL). Additionally, family assets other than vehicles and other certain property items must be less than \$2,000.

New Jersey maintains the federal 60-month lifetime limit on TANF cash assistance and requires parents to work after 24 months of assistance. The state has lifted the eligibility ban for those convicted of drug-related felonies. Additionally, pregnant people who have no other children are eligible to receive cash assistance if they meet other requirements – though from state General Assistance funds rather than federal TANF support.

Like most states, New Jersey provides cash assistance to families led by parents holding green cards with at least five years' residence in the U.S. The state provides transitional assistance to those parents who have received TANF for at least six months and are working at least 20 hours/week, granting as much as \$200/month for up to 24 additional months. In place of monthly TANF cash assistance for families who are not in immediate need, New Jersey provides a three-person family a lump-sum benefit of \$750 as a one-time diversionary payment while parents seek employment.

Assessment of TANF Policy: By increasing maximum benefits, New Jersey could greatly benefit parents and children during periods of acute need. Mandating recurring benefit increases tied to inflation or cost-of-living assessments would also ensure adequate support for families in the future.

Increasing or eliminating the asset test would also allow families to retain more savings, enabling households to build economic mobility and be more resilient against hardships. Eliminating the requirement for parents to search for a job before their application can be approved would provide much-needed assistance to families in periods of critical need. New Jersey could also consider using state funds to provide cash assistance to low-income parents holding green cards who have resided in the country less than five years.

Further, New Jersey could consider **eliminating TANF's full-family sanctions** by reducing rather than terminating benefits for parents not fulfilling the program's work requirements, as more states are doing.³

³ For research detailing effects of some state-level TANF policies and administrative practices on children and families, see https://www.nccp.org/ec-profiles-pes-policies-related-research-and-resources/#parenting.



¹ For more on TANF-to-poverty ratios, see https://www.cbpp.org/research/income-security/state-fact-sheets-trends-in-state-tanf-to-poverty-ratios.

² Block grants and spending priorities for 2022 for all states are accessible here: https://www.acf.hhs.gov/ofa/data/tanf-and-moe-spending-and-transfers-activity-fy-2022.

New Jersey's Cash Assistance (TANF) policy: Family Independence Temporary Assistance Program HOW MUCH CASH ASSISTANCE CAN A FAMILY OF THREE RECEIVE?				
Maximum benefit allowed What is the maximum monthly amount a family of three could receive in cash assistance?	\$839/month (39% FPL in 2024).	Increase the maximum benefit level. Example: California's maximum payment to a family of three is \$1,171/month, or 51% FPL.		
Recurring benefit increases Has the state mandated increases to these amounts, as the cost of living rises?	No. New Jersey has not updated its Standard of Need since 2012.	Make recurring increases to the state's Standard of Need, tied to a cost-of-living or poverty measurement. Example: Ohio requires scheduled cost-of-living updates to TANF benefit amounts each year on January 1st.		
WHO IS ELIGIBLE FOR CASH ASSISTANCE?				
Flexibility	Current policy	Potential improvement		
Maximum income How much can a family of three earn and still be considered eligible to receive cash assistance?	There is a gross income test in New Jersey of 250% FPL. A family of three cannot earn more than \$5,379/month to be eligible.	Remove the gross income test to simplify administrative costs and burdens, as several states have done. Example: Maine's eligibility process requires only that a family's net income fall below its Standard of Need.		
Asset limit How much can a family maintain in savings while still being eligible for cash assistance?	\$2,000.	Consider removing or raising the asset limit. At least eight states have removed it entirely (e.g., Illinois, Colorado).		



Eligibility during pregnancy for parents without children Are pregnant people with no children in the household eligible for cash assistance?	Yes, although through New Jersey's General Assistance instead of federal or MOE TANF funds.	Ensure that pregnant parents without other children are eligible from the first month of pregnancy if they are not (e.g., Maryland, Colorado).			
Provision of cash assistance to out-of-work parents before they search for a job Does New Jersey provide	No. Parents must search	Consider eliminating the			
eligibility to parents without a search for employment?	for a job from 15 or 30 days or their application will be denied.	requirement to search for a job, which can prevent families from receiving assistance at times of critical need.			
		Examples: Pennsylvania and Connecticut have eliminated the requirement for a job search.			
ADDITIONAL RULES AND RESTRICTIONS					
Flexibility	Current policy	Potential improvement			
Time limit Does New Jersey allow families to receive cash assistance up to the federal limit of 60 months?	The lifetime limit is 60 months, although parents are required to work after 24 months of receiving benefits.	N/A			
Does New Jersey allow families to receive cash assistance up to the federal	months, although parents are required to work after 24 months of receiving	N/A			



Use of state funds to provide cash assistance to immigrant families who are lawful permanent residents (LPRs) with less than five years' residence in US Can parents who hold green cards access cash assistance in New Mexico before they have been in the country for at least five years?	No.	Provide families led by parents who are lawful permanent residents (LPRs) with less than five years' residence in US with cash assistance using state funding. Examples: Connecticut and New York use state funding to provide such families with cash assistance.
Transitional cash benefits for families when they stop receiving TANF		
Will parents who have just begun to earn enough to be ineligible for TANF cash assistance receive some additional support for a limited period?	Yes. Post-TANF Support Services may provide \$200/month for up to 24 months for NJ parents working at least 20 hours/week who have been receiving cash assistance for at least six months.	N/A
Providing one-time cash payments to families in need		
Does the state provide a formal diversion program to support families with specific short-term needs?	Yes. New Jersey provides a three-person family a lump-sum benefit of \$750 as a diversionary payment while parents seek employment. (Parents can apply for this payment more than once.)	N/A
Lifting full-family sanctions		
Are other family members able to continue receiving	At the end of two months of an adult's noncompliance with work	Lower the benefit amount in place of full-family sanctions if parents do



cash benefits if an adult does not meet work requirements?	requirements, the household case can be closed.	not meet work requirements (e.g., Illinois).
Are persons convicted of drug-related felonies eligible for cash assistance?	Yes.	N/A
Lifting the family cap for a new birth Can families receive additional cash assistance if they have another child while receiving assistance?	Yes.	N/A